

TRINITY LABAN CONSERVATOIRE
OF MUSIC & DANCE

CAT

CENTRE FOR
ADVANCED
TRAINING
IN DANCE

[TRINITYLABAN.AC.UK/CAT](https://trinitylaban.ac.uk/cat)

FULLY FUNDED PLACES AVAILABLE

   /TRINITYLABAN

CENTRE FOR ADVANCED TRAINING

The Centre for Advanced Training (CAT) at Trinity Laban is part of an innovative scheme offering young people with potential in dance the opportunity to access high quality dance training, regardless of their personal circumstances. National CAT Centres are pioneers in prevocational training and research, promoting best practice and providing exceptional tuition to young people.

For more information on other centres across the UK visit nationaldancecats.co.uk

TRINITY LABAN CAT PROGRAMME

CAT students attend a full day of classes every Saturday during term time at the Laban Building. The programme of classes provides intensive and rigorous dance training taught by a highly experienced team of professional dance teachers and artists. The programme includes:

- / Contemporary dance
- / Ballet
- / Choreography
- / Dance fitness and health
- / Intensive holiday projects
- / End of year CAT show
- / Experience in different dance styles
- / Theatre trips
- / Careers advice
- / Individual training advice

WHO CAN APPLY?

Do you see your future in dance?

Are you highly motivated and ready to commit to an intensive programme of dance training?

Are you aged 13–17?

All are welcome to apply regardless of previous dance experience.



HOW TO APPLY

Applications for Open Days and Auditions

For application deadline, please visit trinitylaban.ac.uk/cat

Open Days – February and March

Come to a FREE open day to find out if CAT is the right choice for you. Open days include a practical dance class for the applicant with a presentation for parents/carers to find out more information.

Auditions – April and May

We hold a two-stage audition process. Everyone who applies will be invited to a first audition, which includes group-based practical dance sessions and the opportunity for you and your parent/carer to find out more about CAT. We will then select individuals to attend a final audition in May, which will have a similar format and a short interview. Trinity Laban is committed to encouraging more boys and young men to get involved in dance and we hold a boys only audition. We have a high percentage of boys and young men on the CAT programme. Both open day and audition forms can be found at trinitylaban.ac.uk/cat



CAT training is so special because not only do you develop as a confident dancer, you also develop friendships.

Kaia – CAT Student 2020

FEES AND FINANCIAL SUPPORT

CAT is funded by the Department for Education as part of its Music and Dance Scheme.

Financial support is available to cover the cost of tuition and in some cases travel and dancewear, subject to means testing based on family income.

PROGRESSION

Trinity Laban CAT alumni have been offered places at Trinity Laban Conservatoire of Music and Dance, London Contemporary Dance School, Northern School of Contemporary Dance, Rambert School of Ballet and Contemporary Dance, London Studio Centre, Urdang Academy, Bird College and a number of UK and European universities and vocational dance schools.



*I would recommend
CAT to anyone who
loves dance. All you
need is potential.*

Edward – CAT Student 2020

Centre for Advanced Training in Dance
Trinity Laban Conservatoire of Music and Dance
Learning and Participation (Dance)
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020 8305 9400 | cat@trinitylaban.ac.uk
trinitylaban.ac.uk/cat



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CAT is the place that will push you, motivate you and support you to reach your goals.

CENTRE FOR ADVANCED TRAINING IN DANCE

Professional dance training for young people aged 13–18

**OPEN DAYS
FEB + MAR**

**AUDITIONS
APR + MAY**

To book your free place on one of our open days or auditions please visit trinitylaban.ac.uk/cat

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