

**September
Series**

WEEK 1 PROGRAMME		Monday 4th September	Tuesday 5th September	Wednesday 6th September
Morning	10.30am - 12.30pm	Contemporary Dance Technique Jamieson Dryburgh	Contemporary Dance Technique Jamieson Dryburgh	Contemporary Dance Technique Jamieson Dryburgh
Lunch	12.30pm - 1.30pm	Glass meeting room	Glass meeting room	Glass meeting room
Afternoon	1.30pm - 3.30pm	Intergenerational Project Stella Howard	Intergenerational Project Stella Howard	Intergenerational Project Stella Howard

WEEK 2 PROGRAMME		Monday 11th September	Tuesday 12th September	Wednesday 13th September
Morning	10.30am - 12.30pm	South African Dance Mbulelo Ndabeni	Swing Dance/Lindy Hop Bethan Peters	Hip Hop Kenrick Sandy
Lunch	12.30pm - 1.30pm	Glass meeting room	Glass meeting room	Glass meeting room
Afternoon	1.30pm - 3.30pm	Yoga Shamita Ray	Yoga Shamita Ray	Yoga Shamita Ray