

TRINITY LABAN

Graduate School Showcase 2024

Mon 8 - Fri 12 July

Mon 15 - Fri 19 July

Mon 22 - Fri 26 July

Dance of The Senses

by

Elísa Lind Finnbogadóttir

THU 25 JULY, 17:00

Laban Theatre, Laban Creekside

We are delighted to present Trinity Laban's Graduate School Showcase 2024 - the culmination of students' creative work during their postgraduate programmes in the Faculty of Dance.

Experimental and investigative in nature, the work draws upon collaborative and interdisciplinary practices arising from choreographic and performance-making research.

Join us throughout three weeks to see a showcase of final projects from students who have studied MA and MFA Choreography, MA and MFA Creative Practice: Dance Professional, MA and MFA Creative Practice: Transdisciplinary, MA Dance Performance.

We hope you will explore the Showcase schedule with us and enjoy the shows.

Head of Production
Fay Patterson

Senior Project Manager
Rachel Shipp

Senior Technician
Mickie Mannion

Technician (Sound and A/V)

Jabin Law

Aidan Good

Production Graduate Intern

Natty Gibbs

Head of Customer Services & Events

Lj Cook

Brand & Communications

Janine Howlett

Nicola Metselaar

Fiona Moorhead

Claudia Lax-Tanner

Programme Leader, MA/MFA Creative Practice

Head of Studies, Faculty of Dance

Dr Naomi Lefebvre Sell

Programme Leader, MA/MFA Dance Performance

Hilary Stainsby

Programme Leader, MA/MFA Choreography

Gary Lambert

Administrator, Postgraduate Studies

Minghao Li

Dean, Faculty of Dance

Dr Frances Clarke

Principal

Prof. Anthony Bowne

Director, Faculty of Dance

Sara Matthews

Dance of The Senses

Performer: Elísa Lind Finnbogadóttir

Music: Mlondiwethu Dubazane

Lighting: Trinity Laban Production Team

Costume: Rebecca Piersanti

AV support: Ian Peppiatt

Living life in separation, finding ways to survive.

Remembering the formlessness of form, remembering through listening.

Listening through the breath, learning to listen, without expecting to understand.

Learning to accept, form in change, constant change.

Why do I not feel safe?

Learning to feel safe in this body, feeling through sound.

Learning to feel love in this body, feeling through dance.

Learning to feel, that I am a part of, everything.

Remembering death of the body.

Learning to recognise fear in this body, learning to be with the fear of change. The fear of pain, celebrating the formlessness of form, form in motion. Feeling it through the breath, change in form.

The hope in change, learning to open my heart.

Listening to, the changing.

Being with, the changing.

The constant in change, change as motion, change as sound, sound of change, of motion, motion of light and shadow, changing. the change and the constant. Through colour and shadow and song and dance of the senses.

Special thanks:

Special thanks to my mother, Þórdís Þórisdóttir, Mlondiwethu Dubazane, Anastasia Freygang, Laura O'CallaghanWhite, Heni Hale, Saba Khatami, Kate Ryan, Rebecca Piersanti, Naoko Kelleher and Funky. Programme Leader, **Dr Naomi Lefebvre Sell**, and supervisor, **Heni Hale**.

Social media

You can find Elísa on **Instagram** @eli.elf.lifi